

Naloxone:

The Medicine That Saves Lives


Nearly 80,000 overdose deaths occur each year, naloxone is a necessary lifeline.

What is it?

Naloxone is an FDA-approved, lifesaving medication that reverses opioid overdoses. There are currently two delivery methods, injection and nasal spray. It blocks the effects of an overdose by temporarily blocking opioids from attaching to receptors in the brain and rapidly restores normal breathing.

It is a safe, easy-to-use medication without harmful effects. When no opioids are present, the medication will have no effect.



 **Act quickly.**
Naloxone reverses overdose in seconds. Every second matters.

When and How to use it?

**SEE
IT** 

If you suspect an overdose, use naloxone.

Common signs of an opioid overdose:

- Slow or stopped breathing
- Blue or pale lips or fingertips
- Pinpoint pupils
- Unresponsiveness or limp body
- Choking or gurgling sounds

**SPRAY
IT** 



Call 911. Tell them someone is unresponsive.

All states and DC have laws protecting people who call 911 or give naloxone during an overdose emergency.



Lay the person on their back, tilt head back slightly and insert the tip into **one nostril**, press firmly.



If there is no response after two to three minutes, use a second dose in the **other** nostril.



Begin rescue breathing and stay until help arrives.

**SAVE A
LIFE** 

Where Can I Find Naloxone?

- Naloxone is available over-the-counter in pharmacies, such as 4 mg nasal spray, in every state, often without an individual prescription. Costs may vary, but often available for free.
- Many community organizations, health departments and harm reduction programs provide it for free.

Overdose is preventable. You can save a life.